

**North Dakota State University**  
**2020 Bison Softball**  
**Camp Application**

- Pitching Camp (grades 7-12)      \$85
- Catching Camp (grades 7-12)      \$85
- Instructional Camp (grades 7-12)      \$100
- Pitching Camp & Instructional Camp      \$180
- Catching Camp & Instructional Camp      \$180

Detach registration form and return with check or money order. **NO CASH.** Pay in full to hold spot. Make check payable to NDSU Softball Camp and send to:

NDSU Softball  
Dept. 1200  
PO Box 6050, Fargo ND 58108

Or register online at:  
[BISONSOFTBALLCAMPS.COM](http://BISONSOFTBALLCAMPS.COM)

Name \_\_\_\_\_  
Address \_\_\_\_\_  
City, State, ZIP \_\_\_\_\_  
Phone \_\_\_\_\_  
Email \_\_\_\_\_  
HS Graduation Year \_\_\_\_\_  
Position(s) \_\_\_\_\_

As a condition of enrollment, the disclaimer must be signed, and insurance information must be provided on the **BACK OF THIS FORM**

# **NDSU**

## **SOFTBALL**

### **Welcome to**

# **Bison Camp!**



**10x Summit League Tournament  
Champions**

**8x Summit League Regular  
Season Champions**

**NCAA Regional Participant 10 of  
last 11 seasons**

**CAMP REFUND POLICY:**  
All refunds will incur a 10% administration fee. No refunds will be given after January 23, 2020. NDSU camps are open to any and all entrants (limited only by number, age, gender and grade level)

# **2020**

# **BISON**

## **Softball Camp**



**BISONSOFTBALLCAMPS.COM**

**Location:** Dacotah Field (the bubble) on NDSU Campus

**Date:** January 25, 2020

**Grades:** 7-12

**Check-In:** 30 minutes prior to the start of each session

**Registration Deadline:** January 23

**Session 1:** 9:30 AM – 12:00 PM Pitching  
Cost: \$85.00

**Session 2:** 9:30 AM – 12:00 PM Catching  
Cost: \$85.00

**Session 3:** 1:00 PM - 4:00 PM Instructional Camp  
Cost: \$100.00

*\*Camp includes one NDSU drawstring bag & branded softball per camper.*

**What to bring:**

- Tennis Shoes, Turf Shoes, or Plastic Cleats (No metal cleats are allowed on the turf surfaces)
- Must provide own glove
- Catchers must provide a full set of catching gear
- Write full name on personal equipment
- Instructional Camp: please bring a helmet and bat
- Money for camp store

**PARENTS & COACHES:**

All communication for camp information and weather updates will come via text message and e-mail. Please be sure in registering, you provide the e-mail address and cell number of the party that needs to receive updates.

**REQUIRED MEDICAL PAPERWORK:**

- Camp Waiver (Signed online upon registration OR mailed in. MUST be sent in with registration)
- CAMPERS MUST HAVE INSURANCE

**9:30AM-12:00PM PITCHING CAMP**

Come join Allie Walljasper and NDSU Softball Players for our 2020 Pitching Camp. Allie is a three-time NCAA All-American who competed internationally for the USA Junior National Team and was a first round pick in the NPF draft. The camp is designed to breakdown pitching mechanics to help strengthen both pitching skills and pitching knowledge. The pitching camp will include mechanical instruction with drills, mental approaches, different pitches, spin rotations, and live situations with catchers. Pitchers do NOT need to have a catcher.

**9:30-12:00PM CATCHING CAMP:**

Join Associate Head Coach Gerice Olson and NDSU Softball Players for our Catching Camp. Gerice was an integral part of the 2000 NDSU Softball National Championship team and has coached numerous All-Conference and All-Region athletes in her career. This camp is designed to provide an introductory level of instruction to the NDSU catching philosophy, daily training regimens, throwing, blocking, footwork, framing, and much more. It will provide each participant with an understanding of catching and drills that will sharpen your game behind the plate. Catchers will have the opportunity to catch pitchers at the end of the session. Catchers must provide their own gear.

**1:00PM-4:00PM NDSU INSTRUCTIONAL CAMP:**

The Instructional Camp allows campers to work with the NDSU Softball staff and players to enhance their offensive and defensive skills. Whether you are just starting to love the game or have loved the game for years, this is a great opportunity to develop strong fundamentals, gather drills to take home to perfect your craft, and fix your little habits that are keeping you away from the next level.

I give permission for North Dakota State University medical personnel to administer first aid, and/or to provide the appropriate transportation to a medical facility to receive adequate medical care in the event of any injury or illness. I understand that I will be responsible for any expenses incurred in connection with such treatment.

Parent or Guardian's Signature:

\_\_\_\_\_

Emergency Contact's Name:

\_\_\_\_\_

Phone Number: (\_\_\_\_) \_\_\_\_\_

**NO CAMPER WILL BE ADMITTED TO CAMP WITHOUT INSURANCE COVERAGE**

Insurance Company:

\_\_\_\_\_

Group Number or Policy Number:

\_\_\_\_\_

Policy Holder's Name:

\_\_\_\_\_

**AS A CONDITION OF ENROLLMENT, THE FOLLOWING DISCLAIMER OF LIABILITY MUST BE SIGNED AND DATED BY THE CAMPER'S PARENT/LEGAL GUARDIAN.**

The camper, in attending the NDSU Softball Camp and in using any camp facility, does so at her own risk. The University, its Athletic Department, and its staff shall not be liable for any damages arising from personal injury sustained by the camper during the camp or at the facilities. The camper and her parents or guardians assume full responsibility for any damages or injuries, which may occur to the camper during the camp session. In so, hereby fully and forever exonerate and discharge the University, the NDSU Softball Camp, its staff, its owners, employees and agents, from any and all claims, demands, damages, right of action or causes of action, present or future, whether the same be known, anticipated or unanticipated, resulting from or arising out of the camper's participation in the camp session and in the use of the facilities. I certify that to the best of my knowledge, I am in good physical condition and have no disease or injury that would impair my performance in training or competition. I hereby consent to the participation of my daughter, in the NDSU Softball Camp. If she fails to obey the competition and camp rules, the Directors have authority to expel her from camp.

\_\_\_\_\_  
Camper Signature Date

\_\_\_\_\_  
Parent/Guardian Signature Date